

# EMBODYING THE CHARACTER

## WORDS, ACTION, PASSION by using the Alexander Technique

"One of the most important things actors can possess is a relationship to their own body and breath. Jean-Louis works with actors in such a way that they immediately understand from deep within themselves their true impulses. His work is invaluable and I cannot imagine doing a project without him."

- LARRY MOSS

A Three Day Acting Intensive in New York  
with  
**JEAN-LOUIS RODRIGUE and KRISTOF KONRAD**

**MAY 21,22,23, 2010 ; 10:00 a.m.- 6:00 p.m.**

**Tuition: \$450**



An actor's vision is lived emotionally and physically. That kind of performance requires more than instinct- it needs interpretative intelligence and a mastery of physical, psychological, and emotional craft into performance. Internationally acclaimed teachers Jean-Louis Rodrigue and Kristof Konrad team up to present an intensive workshop to explore the skills and tools that are required for the extraordinary creation of characters and performances.

**Shetler Studios**; 244 West 54th Street / 12th Floor  
between Broadway & 8th Avenue  
To Register

call or e-mail **Rutanya Alda**, tel: (212) 864 -2865 e-mail: [rutanyaalda@gmail.com](mailto:rutanyaalda@gmail.com)

### **COURSE CONTENT:**

- Connecting to the body through awareness with the Alexander technique
  - Recognizing the force of habit
- Improving our movement by learning to organize body relationships
  - Understanding Means and Ends
  - Making clear choices of intention
- Infusing direction in our thinking and movement
- Improving breath coordination and vocal quality
  - Freeing impulse and response patterns
- Applying the Alexander Technique to monologues, sonnets, songs, and scenes
  - Learning to develop characters physically

**JEAN-LOUIS RODRIGUE** has worked with Larry Moss on the movement and vocal aspects of Pamela Gien's award winning play THE SYRINGA TREE, Bo Eason's RUNT OF THE LITTER and April Daisy White's SUGAR. He has trained and coached performers at the BERLIN INTERNATIONAL FILM FESTIVAL TALENT CAMPUS 2009, ROYAL SHAKESPEARE COMPANY, MARK TAPER FORUM, GEFFEN PLAYHOUSE, LOS ANGELES PHILHARMONIC INSTITUTE, STEPPENWOLF, SAN FRANCISCO OPERA, STUTTGART OPERA, CIRQUE DU SOLEIL, VERBIER FESTIVAL, GETTY VILLA, and on BROADWAY. Past and current students include: JOSH BROLIN, IAN McKELLEN, HELENA BONHAM CARTER, JULIETTE BINOCHE, HILARY SWANK, SIMON BAKER, KEANU REEVES, PATRICIA ARQUETTE and JOBETH WILLIAMS. Jean-Louis is on the faculties at the UCLA School of Theater, Film and Television and the UCLA Herb Alpert School of Music.

**KRISTOF KONRAD** was born in Poland, trained as an actor at the National Dramatic Academy in Warsaw, Poland and the Alexander Fersen Academy in Rome, Italy. While in Poland, he studied and worked with theater and film masters like JERZY GROTOWSKI and ANDRZEJ WAJDA. In the USA he, worked with directors like RON HOWARD, KENNETH BRANAGH and ROLAND EMMERICH. His credits include: ANGELS AND DEMONS, HOTEL CALIFORNIA, INDEPENDENCE DAY, RAISING THE BAR, OPERATION SAMUM, ALIAS, THE AGENCY, JAG, E-RING and many others. Kristof is teaching for the VERBIER FESTIVAL & ACADEMY in Switzerland, UBS VERBIER ORCHESTRA, and INTERKUNST in Berlin. In the U.S., he has taught with Jean-Louis at the LARRY MOSS STUDIO, HOWARD FINE STUDIO, THEATRICUM BOTANICUM, MEDIA ACCESS and recently worked with the artists of the ROYAL SHAKESPEARE COMPANY and the CIRQUE DU SOLEIL's "KA".

"I really like to look into the physical acting characteristics of my character, because it helps me to transform. The Alexander Technique helps me to burrow into roles like gay cowboys and drug addicts by focusing on my posture, movement, and presence."

- **HEATH LEDGER**

"Jean-Louis Rodrigue always brings a personal and positive approach to his coaching work. His involvement is timeless and complete. He is generous, genuine, and creative such that even when a character or a story is frightening, it becomes about exploring the work and being of service. Jean-Louis has a clear view of the character the actor is playing and also an awareness of the purpose and structure of the whole movie, which engages the entire actor's intention and responsibility with the project. His work is a useful and exciting way to open my channels for my research as an actress."

- **JULIETTE BINOCHE**

"Jean-Louis Rodrigue is a popular movement coach in Los Angeles whose specialty is helping actors bring gracefulness and fluidity to their performances. A combination of acting coach, Alexander Technique teacher and movement specialist, Mr. Rodrigue uses techniques that have much in common with dance training. His teachings emphasize an awareness of the body and the physicality of performance. When performers make the physical component of their work as important as the intellectual, they become far more convincing and seamless."

- **VALERIE GLADSTONE**, New York Times

"Jean-Louis is a gifted teacher. Some teachers are able to adjust, fix, or produce results in students immediately. However, often their work does not have a lasting value. Jean-Louis is not in that category. His understanding of the Alexander Technique and the psychology of the American actor is such that he is able to leave a lasting impression on most of the actors he encounters. It is a pleasure to be able to testify to his skill, ability, and artistry"

- **LOUIS SCHEEDER**, Director of Classical Studio, NYU Drama, Tisch School of the Arts

"With the best of intentions, the job of acting can become a display of accumulated bad habits, trapped instincts and blocked energies. Working with the Alexander Technique to untangle the wires has given me sightings of another way; mind and body, work and life together. Real imaginative freedom."

- **ALAN RICKMAN**